

Blank-Page Bookmarks

Cut on the dashed lines and tuck one in your notebook.



BEFORE YOU WRITE

Three quick questions

1

How did today feel?

Good, rough, regular, wired, or tired.

2

What happened?

Something big, feelings you need to sort out, something happy you want to remember, or not much at all.

3

How much do you have in you?

One line, about a page, or "I could write a book."

BEFORE YOU CLOSE THE NOTEBOOK

Write one good thing from today.

SEEDINGSERENDIPITY.COM



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